

Schoen Clinic Group acquires Aurora Health

## **Leading Depression App Moodpath Becomes Part of Schoen Clinic**

- **With the acquisition of the Berlin-based startup Aurora Health, Schoen Clinic is expanding its range of digital psychosomatic treatments to include the world's leading depression app, Moodpath.**
- **The goal of the transaction is to now jointly develop a leading e-mental health platform in Europe and to cover other mental illnesses in the future. With more than 1.8 million downloads in 60 countries, Moodpath is already the leading app for the detection and self-management of depression worldwide.**
- **On October 1, 2019, Schoen Clinic will acquire the CE-certified medical product as well as its team of software developers, designers and psychologists. Combined with the psychotherapy platform MindDoc, Germany's largest psychosomatic clinic group thus offers a spectrum of digital care that is unique on the market.**

Berlin, 26.09.2019: According to the WHO more than 300 million people worldwide suffer from depression, over 50 percent of those affected are never diagnosed. This is where Moodpath comes in: The app, which was developed in cooperation with psychotherapists, doctors and patients, is designed to identify first symptoms early, thus detecting a possible depression even before a visit to the doctor. Rather than replacing professional psychotherapy, the app accompanies and supports it in the best way possible. This makes it an ideal complement to the existing range of treatments offered by Schoen Clinic.

### **Leading the Way in Digitization**

Schoen Clinic has been leading in the treatment of mental and psychosomatic illnesses for more than 30 years. The clinic group has also been offering MindDoc for several years, a successful online therapy program for patients with mental illnesses such as depression, eating disorders, anxiety and obsessive-compulsive disorders.

Nicolas Stoetter, Head of the Schoen Clinic Digital Lab, explains: “With MindDoc we currently offer online therapy with video conferencing and chat. The Moodpath app will enable us to expand our services with a scientifically developed screening for the detection and documentation of depression, as well as unaccompanied self-help. Thus, in the future we offer a portfolio that is unique on the market.”

COO Christopher Schön adds: “Our range of online services is a response to the mobile and digital lifestyle. It supports our core business outpatient and inpatient care and at the same time offers completely new entrepreneurial opportunities. With the combination of MindDoc and Moodpath, we cover nearly every aspect currently possible in e-mental health. In the long term, we want to offer a technology platform that covers all disorders and that is available to our patients on various devices.”

### **Mobile Companion Strengthens Mental Health**

The Moodpath app is a digital, psychological companion for patients with depression on their way to emotional well-being. Developed in 2016 by the two company founders Felix Frauendorf and Mark Georing, it is currently the best-rated app for depression and mental health in the App Store and Google Play Store. It includes a mood diary that helps identify patterns and offers a wide selection of courses and other materials for listening and reading. By answering specific questions, it is possible to display content that fits the user's individual challenges. After the screening period, the app provides a scientifically validated assessment every two weeks with an eye to whether, and to what extent, symptoms of depression are present. The user can then choose to have the app generate a letter to a doctor, making the initial consultation easier for both the affected person and medical professionals.

Aurora Health has been working closely with clinics and research institutions for many years. “For example, there are currently studies underway with the Free University of Berlin and the Columbia University in New York. Since 2018, the app has also been used as a pilot project at the Schoen Clinic day clinic in Munich,” emphasizes Goering. “With the combined expertise of Moodpath and MindDoc, we can now fundamentally improve the detection and treatment of mental illnesses for patients, doctors and psychotherapists.”

### **About SCHOEN CLINIC**

The largest family-run hospital group in Germany treats all patients, whether they are covered by statutory or private insurance. Since its foundation by the Schoen family in 1985, the company has focused on quality and excellence through specialisation. Its medical specialities

are mental health, orthopaedics, neurology, surgery and internal medicine. At 23 locations in Bavaria, Hamburg, Hesse, North Rhine-Westphalia, Schleswig-Holstein and Great Britain, 10,000 employees treat around 300,000 patients annually. Schoen Clinic has been measuring treatment results for many years and derives relevant improvements for its patients on a regular basis. [www.schoen-clinic.com](http://www.schoen-clinic.com)

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